



## ***ODP 100H COURSE REGISTRATION INFORMATION - 2019***

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### ***Checklist and Instructions:***

1. Read this information carefully, especially information regarding departure time and location, and the clothing/equipment list for each course Done!
2. Register for the course on ACORN starting July 17, 2019 Done!
3. Complete Quercus Survey by August 2, 2019 Done!

### ***Code of Behaviour - Read Carefully:***

1. ***Attendance:*** As these are short courses, all practical sessions must be fully-attended, and students must participate in all activities. The quality and quantity of learning is dependent upon both the instructor and the student. You will be expected to be appropriately dressed for each activity and be prepared to participate fully. There will be NO late arrivals or early departures without loss of credit.
2. ***Transportation to Camp:*** Students *must* take the arranged transportation. Personal transportation to camp is not allowed, and students must arrange to be at the University for the scheduled departure time.
3. ***Alcohol and Illegal Drugs:*** Following the regulations of both the University and the Camp, there are to be no alcoholic beverages or non-prescription drugs allowed on the camp premises or consumed during the camp period. Course credit will not be given to anyone who is directly or indirectly in violation of this rule (those associated with others partaking in these activities will also be dismissed from camp without a refund).
4. ***Remaining on Camp Grounds:*** Students cannot leave the campsite for the duration of the course except to conduct exercise (running, walking). Unauthorized departure will lead to the loss of the course credit.
5. ***Boating / Swimming After Dark:*** Use of the entire waterfront without authorized supervision is strictly forbidden and is not allowed after dusk for safety reasons. Please abide by these rules – they are for your own safety.
6. ***Valuables:*** Please do not bring valuable belongings such as jewellery, cash, and ideally, smart phones. We cannot take responsibility for their loss. If desired, we can store cell phones in a secure location at camp for the duration of your stay.

# COURSE DETAILS

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<b>Location:</b>	Camp New Moon, Lake of Bays, Muskoka
<b>Registration:</b>	Please make sure you enter the appropriate course ODP100H1 F (Fall) Outdoor Project I and select PRA 101 <i>on ACORN</i> .
<b>Departure:</b>	Thursday, August 29, 2019 <b>From:</b> University of Toronto, Athletic Complex, Spadina Ave. and Harbord St. (Buses load on Huron Street, one block east of Spadina) <b>Time:</b> 7:30 am. SHARP <sup>1</sup>
<b>Date of Return:</b>	Sunday, September 1, 2019 Buses will return to University of Toronto at approximately 4:00 p.m.
<b>Fees and Payment:</b>	The \$400.00 fee for ODP100H1 will be included in your tuition invoice when you add the course on ACORN.
<b>Cancellation &amp; Refunds:</b>	ODP course enrolments must be cancelled on ACORN by the published ancillary fee refund deadline for a full refund. Refer to the Student Accounts website for published refund deadlines. Students wishing to cancel their ODP after these deadlines should contact <a href="mailto:undergrad.kpe@utoronto.ca">undergrad.kpe@utoronto.ca</a> for assistance.  If you are unable to attend the camp because of uncontrollable circumstances, please contact <a href="mailto:undergrad.kpe@utoronto.ca">undergrad.kpe@utoronto.ca</a> no later than two weeks prior to the departure date. If a student misses a camp, fees cannot be transferred to a future outdoor project.

<sup>1</sup> Anyone missing the bus will have to find and pay for his/her own transportation. All Students MUST take and pay for the bus, no cars permitted under ANY circumstances.

## General Objectives:

- The Outdoor Projects mission is to create a safe and inclusive environment.
- Students will be introduced to many forms of outdoor education where the emphasis will be placed on the understanding university life, expectations of KPE, academics, acquiring the skills for various watercraft and wilderness stations.
- Additionally, activities related to cooperation, teamwork, leadership will also be at the forefront of the curriculum.
- To immerse students in a cooperative group setting and develop leadership skills and attributes
- To familiarize new students with their undergraduate program, including academic requirements, opportunities for student leadership and administrative procedures

## Specific Objectives and Content:

1. Students receive instruction in a range of activities that may include: Academic Program Orientation, Coordinators station. Leadership activities including: Cooperative Games, Adapted Games, Trust Games, and Low Ropes. Waterfront stations including: Basic Canoeing, War Canoe, and Kayaking. Introduction to wilderness skills including: Basic Camp Craft, and Intro Wilderness skills and Survival.
2. The emphasis is on acquiring basic skills and familiarity in all areas, with experiential education providing the basis of learning.
3. Full participation in all activities is required for each session lasting 90 minutes.
4. Recreational time includes various sports tournaments and opportunity to further develop skills at the instructional area.
5. Basic skill assessment in activities will be conducted in watercraft activities with remediation required at camp to attain basic skill levels at each activity.

# ODP 100H1 CLOTHING LIST

Dress appropriately for the northern wilderness. Be prepared for any kind of weather.

## Suggested Clothing and Equipment List for ODP100

- Flashlight (essential)
- 1 blue & 1 white t-shirt (essential)
- 4 t-shirts
- 1 windbreaker/light jacket
- 2 bathing suits
- 1 raincoat
- 1 sleeping bag
- 2 pairs of running shoes
- 2 towels
- soap, toothpaste, etc.
- 1 coffee/tea mug
- reusable water bottle (essential)
- 2 pairs of jeans/trackpants
- 6 pairs of socks
- 3 warm sweaters and/or sweatshirts
- 1 pair of pyjamas (tracksuit)
- 1 hat
- pillow
- 3 pairs of shorts
- 4 pairs of underwear
- insect repellent
- camera, tennis racquet, other sports items (optional only)

### *Please Note:*

- PLEASE DO NOT BRING ANY KIND OF ELECTRICAL APPLIANCE.
- Each article should be labelled with your name. You should pack your clothing in duffel bags, knapsacks or any soft bag – no suitcases. Although the weather at this time is generally warm, be prepared for the worst weather; bring gloves, hats and extra clothing just in case!!
- *We advise that you leave valuables including cash and smart phones at home; you will not require any money while at camp. If desired, we can store cell phones in a secure location at camp for the duration of your stay.*

### *Sources of Equipment & Clothing for Outdoor Projects*

There are a number of stores which supply clothing and equipment relating to outdoor recreation and camping. Some items can be found at stores like Canadian Tire, whereas other more specialized and “high-end” items are best purchased at stores specializing in this area.

*The Outdoor Projects mission is to create a safe and inclusive environment. We encourage students to participate as much as they are comfortable with. If there are any concerns, please notify the registrar ([undergrad.kpe@utoronto.ca](mailto:undergrad.kpe@utoronto.ca)) us personally so we can make the appropriate actions to accommodate. We want to assure you that we committed to providing you with an amazing and supportive experience!*

**IMPORTANT: Camp New Moon is Peanut/Nut-free**

**DO NOT BRING FOOD/SNACKS CONTAINING PEANUTS OR NUT PRODUCTS**



Please respect your fellow students who may have life-threatening peanut and/or nut allergies.