



JUNIOR BLUES



From basketball to skating and everything in between,
get into the game with the U of T Junior Blues.

Registration opens 7 a.m. August 30, 2023

Explore our programs at juniorblues.ca



LEARN, PLAY AND GROW WITH JUNIOR BLUES!

U of T Sport and Rec's Junior Blues program offers a range of activities for children ages 1 to 17 years. With a variety of classes on land, in water and on ice, Junior Blues gives children and youth the physical literacy skills they need to be active and healthy for life.

Conveniently located on the University's downtown campus, our 'Junior Blues' enjoy access to world-class facilities including the Varsity Centre, Athletic Centre and Back Campus fields.

In the pages that follow, you will find the full schedule of Junior Blues programs being offered for the 2023 Fall session.

We are looking forward to another terrific year and hope to see you here!

Learn more about our programs and facilities at juniorblues.ca

Please check our website for the latest program details: juniorblues.ca.

OFFERING	AGE	START DATE	END DATE	LOCATION/FACILITY	COURSE FEE
GYMNASTICS					
Gymnastics Caregiver and Tot					
Wednesday 9:30 a.m.–10:20 a.m.	18mo - 3.5	September 27	December 6	Athletic Centre Lower Gym	\$221
Wednesday 10:30 a.m.–11:20 a.m.	18mo - 3.5	September 27	December 6	Athletic Centre Lower Gym	\$221
Gymnastics Preschool 4–5 yr					
Saturday 9:10 a.m.–10 a.m.	4-5	September 23	December 9	Athletic Centre Lower Gym	\$252
Saturday 10:10 a.m.–11 a.m.	4-5	September 23	December 9	Athletic Centre Lower Gym	\$252
Saturday 11:10 a.m.–12 p.m.	4-5	September 23	December 9	Athletic Centre Lower Gym	\$252
Saturday 12:10 p.m.–1 p.m.	4-5	September 23	December 9	Athletic Centre Lower Gym	\$252
Sunday 9:10 a.m.–10 a.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$252
Sunday 10:10 a.m.–11 a.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$252
Sunday 11:10 a.m.–12 p.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$252
Sunday 12:10 p.m.–1 p.m.	4-5	September 24	December 10	Athletic Centre Lower Gym	\$252
Gymnastics Girls 6–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	6-12	September 23	December 9	Athletic Centre Lower Gym	\$371
Saturday 10:45 a.m.–12:15 p.m.	6-12	September 23	December 9	Athletic Centre Lower Gym	\$371
Saturday 12:30 p.m.–2 p.m.	6-12	September 23	December 9	Athletic Centre Lower Gym	\$371
Sunday 9:10 a.m.–10:30 a.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$371
Sunday 10:45 a.m.–12:15 p.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$371
Sunday 12:30 p.m.–2 p.m.	6-12	September 24	December 10	Athletic Centre Lower Gym	\$371
Gymnastics Boys 6–8 yr					
Saturday 12:30 p.m.–2 p.m.	6-8	September 23	December 9	Athletic Centre Lower Gym	\$371
Gymnastics Boys 9–12 yr					
Sunday 12:30 p.m.–2 p.m.	9-12	September 24	December 10	Athletic Centre Lower Gym	\$371
SPORT					
Badminton 9–12 yr					
Sunday 9:10 a.m.–10:30 a.m.	9-12	September 24	December 3	Athletic Centre Sports Gym	\$212
Sunday 10:40 a.m.–12 p.m.	9-12	September 24	December 3	Athletic Centre Sports Gym	\$212
Basketball 6–7 yr					
Sunday 9:10 a.m.–10:30 a.m.	6-7	September 24	December 3	Athletic Centre Field House Court 2&3	\$239
Basketball 8–9 yr					
Sunday 9:10 a.m.–10:30 a.m.	8-9	September 24	December 3	Athletic Centre Field House Court 2&3	\$239
Sunday 10:35 a.m.–11:55 a.m.	8-9	September 24	December 3	Athletic Centre Field House Court 2&3	\$239
Basketball 10–12 yr					
Sunday 10:40 a.m.–12 p.m.	10-12	September 24	December 3	Athletic Centre Field House Court 2&3	\$239
MiniSport– 4–5 yr					
Sunday 9:10 a.m.–10 a.m.	4-5	September 24	December 3	Athletic Centre Dance Studio	\$163
MultiSport 6–8 yr					
Sunday 10:10 a.m.–11:30 a.m.	6-8	September 24	December 3	Athletic Centre Dance Studio	\$239
Tracktivites 7–12 yr					
Saturday 9:10 a.m.–10:30 a.m.	7-12	September 23	December 2	Athletic Centre Field House	\$239
Saturday 10:40 a.m.–12 p.m.	7-12	September 23	December 2	Athletic Centre Field House	\$239
Track & Field–Intro to Training					
Wednesday and Friday 4:30 p.m.–6 p.m.	9-12	September 27 and 29	November 29 and December 1	Athletic Centre Field House Court 1	\$394

SPORT (continued)			SPORT (continued)		
Skating 4-5 yr					
Saturday 8:45 a.m.–9:30 a.m.	4-5	September 23	December 2	Varsity Arena	\$204
Saturday 9:30 a.m.–10:15 a.m.	4-5	September 23	December 2	Varsity Arena	\$204
Saturday 10:30 a.m.–11:15 a.m.	4-5	September 23	December 2	Varsity Arena	\$204
Saturday 11:15 a.m.–12 p.m.	4-5	September 23	December 2	Varsity Arena	\$204
Sunday 8:30 a.m.–9:15 a.m.	4-5	September 24	December 3	Varsity Arena	\$204
Sunday 9:15 a.m.–10 a.m.	4-5	September 24	December 3	Varsity Arena	\$204
Sunday 10 a.m.–10:45 a.m.	4-5	September 24	December 3	Varsity Arena	\$204
Sunday 11 a.m.–11:45 a.m.	4-5	September 24	December 3	Varsity Arena	\$204
Sunday 11:45 a.m.–12:30 p.m.	4-5	September 24	December 3	Varsity Arena	\$204
Sunday 12:30 p.m.–1:15 p.m.	4-5	September 24	December 3	Varsity Arena	\$204
Skating 6-7 yr					
Saturday 8:45 a.m.–9:30 a.m.	6-7	September 23	December 2	Varsity Arena	\$204
Saturday 9:30 a.m.–10:15 a.m.	6-7	September 23	December 2	Varsity Arena	\$204
Saturday 10:30 a.m.–11:15 a.m.	6-7	September 23	December 2	Varsity Arena	\$204
Saturday 11:15 a.m.–12 p.m.	6-7	September 23	December 2	Varsity Arena	\$204
Sunday 8:30 a.m.–9:15 a.m.	6-7	September 24	December 3	Varsity Arena	\$204
Sunday 9:15 a.m.–10 a.m.	6-7	September 24	December 3	Varsity Arena	\$204
Sunday 10 a.m.–10:45 a.m.	6-7	September 24	December 3	Varsity Arena	\$204
Sunday 11 a.m.–11:45 a.m.	6-7	September 24	December 3	Varsity Arena	\$204
Sunday 11:45 a.m.–12:30 p.m.	6-7	September 24	December 3	Varsity Arena	\$204
Sunday 12:30 p.m.–1:15 p.m.	6-7	September 24	December 3	Varsity Arena	\$204
Skating 8-9 yr					
Saturday 8:45 a.m.–9:30 a.m.	8-9	September 23	December 2	Varsity Arena	\$204
Saturday 9:30 a.m.–10:15 a.m.	8-9	September 23	December 2	Varsity Arena	\$204
Saturday 10:30 a.m.–11:15 a.m.	8-9	September 23	December 2	Varsity Arena	\$204
Saturday 11:15 a.m.–12 p.m.	8-9	September 23	December 2	Varsity Arena	\$204
Sunday 8:30 a.m.–9:15 a.m.	8-9	September 24	December 3	Varsity Arena	\$204
Sunday 9:15 a.m.–10 a.m.	8-9	September 24	December 3	Varsity Arena	\$204
Sunday 10 a.m.–10:45 a.m.	8-9	September 24	December 3	Varsity Arena	\$204
Sunday 11 a.m.–11:45 a.m.	8-9	September 24	December 3	Varsity Arena	\$204
Sunday 11:45 a.m.–12:30 p.m.	8-9	September 24	December 3	Varsity Arena	\$204
Sunday 12:30 p.m.–1:15 p.m.	8-9	September 24	December 3	Varsity Arena	\$204
Skating 10-12 yr					
Saturday 8:45 a.m.–9:30 a.m.	10-12	September 23	December 2	Varsity Arena	\$204
Saturday 9:30 a.m.–10:15 a.m.	10-12	September 23	December 2	Varsity Arena	\$204
Saturday 10:30 a.m.–11:15 a.m.	10-12	September 23	December 2	Varsity Arena	\$204
Saturday 11:15 a.m.–12 p.m.	10-12	September 23	December 2	Varsity Arena	\$204
Sunday 8:30 a.m.–9:15 a.m.	10-12	September 24	December 3	Varsity Arena	\$204
Sunday 9:15 a.m.–10 a.m.	10-12	September 24	December 3	Varsity Arena	\$204
Sunday 10 a.m.–10:45 a.m.	10-12	September 24	December 3	Varsity Arena	\$204
Sunday 11 a.m.–11:45 a.m.	10-12	September 24	December 3	Varsity Arena	\$204
Sunday 11:45 a.m.–12:30 p.m.	10-12	September 24	December 3	Varsity Arena	\$204
Sunday 12:30 p.m.–1:15 p.m.	10-12	September 24	December 3	Varsity Arena	\$204

SWIMMING & AQUATICS						
Caregiver and Tot Swimming						
Saturday 9:15 a.m.–9:45 a.m.	6mo-3	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Saturday 9:15 a.m.–9:45 a.m.	6mo-3	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Swim Adapted Preschool A						
Sunday 12 p.m.–12:30 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Sunday 12 p.m.–12:30 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Preschool B						
Sunday 12:30 p.m.–1 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Preschool C/D						
Sunday 12:30 p.m.–1 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Swim for Life 1						
Sunday 1 p.m.–1:30 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Sunday 1 p.m.–1:30 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Swim for Life 2						
Sunday 1:30 p.m.–2 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Swim for Life 3/4						
Sunday 1:30 p.m.–2 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Swim Adapted Intermediate (Swim for Life 5-7)						
Sunday 2 p.m.–2:30 p.m.	5-14	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Preschool A						
Thursday 4:30 p.m.–5 p.m.	3-5	September 21	November 30	Athletic Centre Teach Pool	\$166	
Saturday 9:45 a.m.–10:15 a.m.	3-5	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Sunday 1:30 p.m.–2 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Preschool B						
Thursday 5 p.m.–5:30 p.m.	3-5	September 21	November 30	Athletic Centre Teach Pool	\$166	
Saturday 9:45 a.m.–10:15 a.m.	3-5	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Sunday 2 p.m.–2:30 p.m.	3-5	September 24	December 3	Athletic Centre 25yd Pool	\$133	
Preschool C						
Thursday 5:30 p.m.–6 p.m.	3-5	September 21	November 30	Athletic Centre Teach Pool	\$166	
Friday 4:30 p.m.–5 p.m.	3-5	September 22	December 1	Athletic Centre 25yd Pool	\$150	
Preschool D						
Thursday 5:30 p.m.–6 p.m.	3-5	September 21	November 30	Athletic Centre Teach Pool	\$166	
Friday 4:30 p.m.–5 p.m.	3-5	September 22	December 1	Athletic Centre 25yd Pool	\$150	
Preschool C/D						
Saturday 10:15 a.m.–10:45 a.m.	3-5	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Preschool E						
Thursday 5 p.m.–5:30 p.m.	3-5	September 21	November 30	Athletic Centre Teach Pool	\$166	
Friday 5 p.m.–5:30 p.m.	3-5	September 22	December 1	Athletic Centre 25yd Pool	\$150	
Swim for Life 1						
Monday 4 p.m.–4:30 p.m.	5-12	September 18	December 4	Athletic Centre 25yd Pool	\$166	
Wednesday 4:30 p.m.–5 p.m.	5-12	September 20	November 29	Athletic Centre 25yd Pool	\$166	
Thursday 6:15 p.m.–6:45 p.m.	5-12	September 21	November 30	Athletic Centre Teach Pool	\$166	
Friday 5 p.m.–5:30 p.m.	5-12	September 22	December 1	Athletic Centre 25yd Pool	\$150	
Saturday 10:15 a.m.–10:45 a.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$150	
Swim for Life 2						
Monday 4 p.m.–4:30 p.m.	5-12	September 18	December 4	Athletic Centre 25yd Pool	\$166	

SWIMMING & AQUATICS (continued)					
Swim for Life 2 (continued)					
Wednesday 4:30 p.m.—5 p.m.	5-12	September 20	November 29	Athletic Centre 25yd Pool	\$166
Thursday 6:15 p.m.—6:45 p.m.	5-12	September 21	November 30	Athletic Centre Teach/Varsity Pools	\$166
Friday 6 p.m.—6:30 p.m.	5-12	September 22	December 1	Athletic Centre 25yd Pool	\$150
Saturday 11:30 a.m.—12 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$150
Swim for Life 3					
Monday 4:30 p.m.—5 p.m.	5-12	September 18	December 4	Athletic Centre 25yd Pool	\$166
Wednesday 4 p.m.—4:30 p.m.	5-12	September 20	November 29	Athletic Centre 25yd Pool	\$166
Friday 4 p.m.—4:30 p.m.	5-12	September 22	December 1	Athletic Centre 25yd Pool	\$150
Saturday 11:30 a.m.—12 p.m.	5-12	September 23	December 2	Athletic Centre 25yd Pool	\$150
Swim for Life 4					
Monday 4:30 p.m.—5 p.m.	5-12	September 18	December 4	Athletic Centre 25yd Pool	\$166
Wednesday 4 p.m.—4:30 p.m.	5-12	September 20	November 29	Athletic Centre 25yd Pool	\$166
Friday 6:30 p.m.—7 p.m.	5-12	September 22	December 1	Athletic Centre 25yd Pool	\$150
Sunday 4:30 p.m.—5 p.m.	5-12	September 24	December 3	Athletic Centre 25yd Pool	\$150
Swim for Life 5					
Monday 5 p.m.—5:45 p.m.	5-14	September 18	December 4	Athletic Centre 25yd Pool	\$194
Wednesday 5:45 p.m.—6:30 p.m.	5-14	September 20	November 29	Athletic Centre 25yd Pool	\$194
Swim for Life 6					
Monday 5 p.m.—5:45 p.m.	5-14	September 18	December 4	Athletic Centre 25yd Pool	\$194
Wednesday 5:45 p.m.—6:30 p.m.	5-14	September 20	November 29	Athletic Centre 25yd Pool	\$194
Swim for Life 5/6					
Thursday 6:45 p.m.—7:30 p.m.	5-14	September 21	November 30	Athletic Centre Varsity Pool	\$194
Saturday 10:45 a.m.—11:30 a.m.	5-14	September 23	December 2	Athletic Centre 25yd Pool	\$175
Sunday 3:45 p.m.—4:30 p.m.	5-14	September 24	December 3	Athletic Centre 25yd Pool	\$175
Swim for Life 7					
Monday 5:45 p.m.—6:30 p.m.	5-14	September 18	December 4	Athletic Centre 25yd Pool	\$194
Wednesday 5 p.m.—5:45 p.m.	5-14	September 20	November 29	Athletic Centre 25yd Pool	\$194
Swim for Life 8					
Monday 5:45 p.m.—6:30 p.m.	5-14	September 18	December 4	Athletic Centre 25yd Pool	\$194
Wednesday 5 p.m.—5:45 p.m.	5-14	September 20	November 29	Athletic Centre 25yd Pool	\$194
Swim for Life 7/8					
Thursday 6:45 p.m.—7:30 p.m.	5-14	September 21	November 30	Athletic Centre Varsity Pool	\$194
Saturday 10:45 a.m.—11:30 a.m.	5-14	September 23	December 2	Athletic Centre 25yd Pool	\$175
Sunday 3 p.m.—3:45 p.m.	5-14	September 24	December 3	Athletic Centre 25yd Pool	\$175
Swim for Life 9 (Rookie)					
Thursday 7:30 p.m.—8:15 p.m.	8-14	September 21	November 30	Athletic Centre Varsity Pool	\$194
Swim for Life 10 (Ranger)					
Thursday 7:30 p.m.—8:15 p.m.	8-14	September 21	November 30	Athletic Centre Varsity Pool	\$194
Private Swim Lessons					
Friday 4 p.m.—4:30 p.m.	5-17	September 22	December 1	Athletic Centre 25yd Pool	\$402
Friday 5:30 p.m.—6 p.m.	5-17	September 22	December 1	Athletic Centre 25yd Pool	\$402
Friday 5:30 p.m.—6 p.m.	5-17	September 22	December 1	Athletic Centre 25yd Pool	\$402
Friday 6 p.m.—6:30 p.m.	5-17	September 22	December 1	Athletic Centre 25yd Pool	\$402
Friday 6:30 p.m.—7 p.m.	5-17	September 22	December 1	Athletic Centre 25yd Pool	\$402
Sunday 12 p.m.—12:30 p.m.	5-17	September 24	December 3	Athletic Centre 25yd Pool	\$357

SWIMMING & AQUATICS (continued)

Private Swim Lessons (continued)

Sunday 12:30 p.m.–1 p.m.	5-17	September 24	December 3	Athletic Centre 25yd Pool	\$357
Sunday 1 p.m.–1:30 p.m.	5-17	September 24	December 3	Athletic Centre 25yd Pool	\$357
Sunday 2 p.m.–2:30 p.m.	5-17	September 24	December 3	Athletic Centre 25yd Pool	\$357

Intro to Competitive Swim 8-10 years

Sunday 3 p.m.–3:45 p.m.	8-10	September 24	December 3	Athletic Centre Varsity Pool	\$182
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Intro to Competitive Swim 11–15 years

Sunday 3:45 p.m.–4:30 p.m.	11-15	September 24	December 3	Athletic Centre Varsity Pool	\$182
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CERTIFICATIONS

Bronze Star & Basic First Aid

Thursday 6:45 p.m.–8:15 p.m.	11-13	September 21	November 30	Athletic Centre Varsity Pool	\$248
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Bronze Medallion & Emergency First Aid

Tuesday 6 p.m.–9 p.m.	13-17	September 19	November 28	Athletic Centre Varsity Pool	\$317
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Bronze Cross

Tuesday 6 p.m.–9 p.m.	13-17	September 19	November 28	Athletic Centre Varsity Pool	\$317
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Emergency First Aid (PA Day Camp)

Friday 9 a.m. - 5 p.m.	11-14	October 6	October 6	Athletic Centre	\$88
Friday 9 a.m. - 5 p.m.	11-14	November 17	November 17	Athletic Centre	\$88
Friday 9 a.m. - 5 p.m.	11-14	December 8	December 8	Athletic Centre	\$88

FALL 2023 JUNIOR BLUES PROGRAM EXCLUSION DATES

October 7-9 (Thanksgiving Long Weekend)

November 6-12 (Reading Week). Exception: Gymnastics

Due to special events at our pools, swimming classes are cancelled on: October 20 and November 26 (12-2:30 pm classes only)

SWIM TRANSITION

Please note that starting Fall 2022 Junior Blues Swimming Lessons have transitioned from Canadian Red Cross to a customized Lifesaving Society Swim for Life program. Please refer to our website for more details, level descriptions and prerequisites: <https://www.kpe.utoronto.ca/sport-and-fitness/swimming-year-round>

REGISTRATION

Registration can be busy, particularly when registration first opens. When you log-in, you may be placed into a virtual queue. You will be assigned a number representing your place in line and provided with an estimated wait-time. Once your user ID reaches the front of the queue you will be able to access the “campus rec” system to complete your registration(s).

Please ensure that you have created an account and added your dependents prior to the registration date. For instructions on account creation, visit uoft.me/campusrec

If you require assistance registering due to a disability please contact us in advance at junior.blues@utoronto.ca.

REFUND POLICY/WITHDRAWALS

Refunds are available for most Junior Blues programs and must be requested **WITHIN** two business days after the first class.

Refunds can be requested in person, by phone or by email at sportandrec@utoronto.ca by 11:59 p.m. Please remember to include your name, your child's name, and the program from which you are requesting to withdraw. Participants will be refunded the full amount less a cancellation fee of 10%.

Participants withdrawing for medical reasons will receive a full refund for the remainder of the program. A medical note is required. Notes must be received within two weeks of the date of illness.

INFORMED CONSENT

Remember, only the parent or guardian of the child can complete the informed consent and register them for programs.

TRANSFERS

Participants may transfer to another class or time any time before the second scheduled class. Transfers must be officially completed by main office staff and can only be completed if there is space in the program to which you wish to be transferred. Participants may transfer to any Junior Blues or Camp U of T program for which registration is open.

AGE GUIDELINES

Age guidelines for Junior Blues programs are based on a child's developmental stage, the facility in which the program is held and individual program goals. Your child's safety and enjoyment are important to us. We ask that all parents and caregivers adhere to age guidelines.

CHILDREN UNDER 3 YEARS OLD

Programs for children under three are family programs and require an adult to attend and fully participate. One adult per child is required.

CHILDREN 3 & 4 YEARS OLD

All children participating in classes for three and four year-olds must be the minimum age specified in the class description by the first day of class.

CHILDREN 5+ YEARS OLD

All children participating in classes for those five and over must be the minimum age specified in the class description by the last day of class.

If you would like to enroll your older child in a program that is set for younger children, please contact junior.blues@utoronto.ca.



JUNIOR BLUES

juniorblues.ca