



UNIVERSITY OF TORONTO
FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION

MASTER OF SPORT SCIENCES

High performance.
High integrity.

MS



KPE
@
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Introducing Canada's leading graduate program
for sports professionals.

High performance.

High integrity.

**Sport has changed. Healthy high performance
is the name of the game.**

The Master of Sport Sciences (MSS) program develops graduates who are leaders in advancing safe and inclusive training, recovery and programming in sport performance and expertise.

Whether you're working with a grassroots community initiative or a professional sports team, the MSS prepares you to promote positive outcomes in sport across individuals, teams and environments.

Coursework is complemented by hands-on practice through a structured placement or capstone project. And with the University of Toronto's location, size and diversity, you'll find unique opportunities for collaboration and innovation with our placement partners.

The MSS program will give you the curriculum, connections, and insights you need to raise the bar in sport coaching and performance, sport integrity and sport analytics — whether you have years of experience or are emerging in the field of sport sciences.



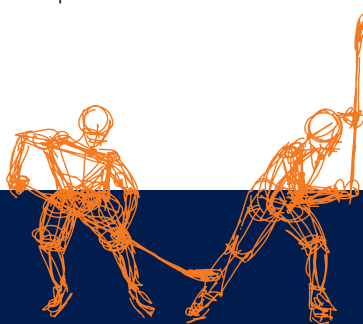
What is the Master of Sport Sciences program?

The MSS program is a course-based graduate program, offering a mix of classroom and experiential education across three sessions. Graduates will acquire research-informed and multidisciplinary expertise in:

- **The role of evidence-based practice and program evaluation in the field of sport sciences**
- **Working with the members of a sport sciences team to support positive sport outcomes**
- **Identifying opportunities for actualization of human performance potential**
- **Advocacy for sport and/or people within sport, and themselves in their roles**

The MSS provides unparalleled learning environments for hands-on practice, working alongside leading practitioners in downtown Toronto and across the GTA.

Integrate your theoretical learning with 300 hours of professional, structured experience through a placement. Or, apply your expertise through an independent capstone project, working to improve a specific area of practice.



AREAS OF CONCENTRATION

Sport Coaching and Performance

Learn to design, implement and evaluate athlete development and performance programs, considering strength training and conditioning, nutrition and recovery regimes, sport psychology, and injury prevention.

Sport Integrity

Learn to recognize and critically assess sport access, experiences, and environments and to advocate for and implement strategies to achieve positive sport outcomes, considering athletes' rights, athlete well-being, policy and environmental sustainability.

Sport Analytics

Learn to implement and evaluate programs and processes by applying technologies, statistics, and data analysis techniques in predicting and promoting performance and other positive outcomes in sport.



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How to Apply

To be considered for admission, applicants must meet the minimum admission requirements and submit a complete application with all supporting documents.

The online admissions application and admission information are available at kin.utoronto.ca

WHERE CAN THE MSS TAKE YOU?

- Safe sport officer
- Athletic director
- Sport data scientist
- Sport physiologist
- High performance lead coach
- Policy analyst

