

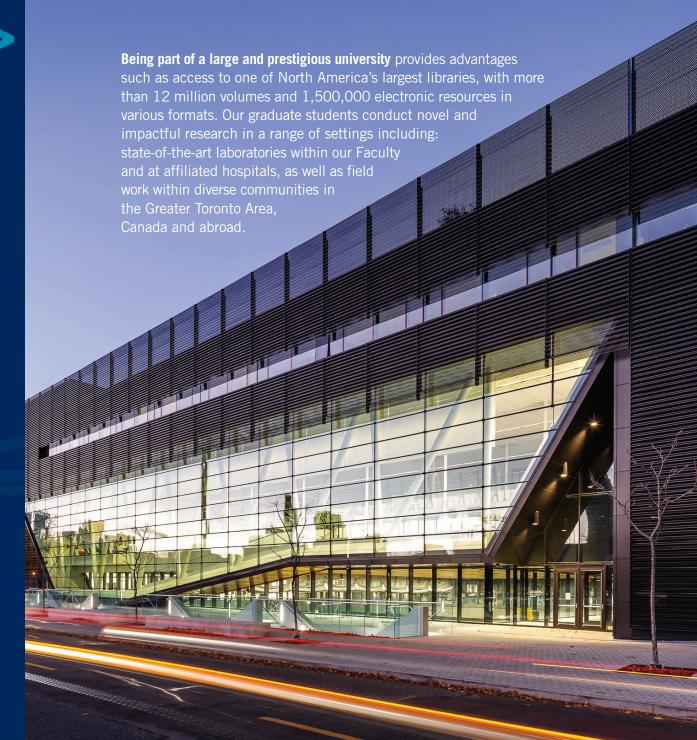
## Movemen

Imagine a place that applies a physical cultural, biophysical and behavioural lens to all aspects of movement, from overcoming injury and managing disease to health promotion, high performance athletics and so much more.



## everything

### State-of-the-Art Labs and Facilities



# Movemen

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## Graduate Programs in Kinesiology (MSc and PhD)

### MOVEMENT SCIENCES TO MOVING KNOWLEDGE

Take your learning and research to exciting new heights. Work with renowned scholars who are leaders in their fields. Join a vibrant community committed to creating, shaping, and sharing new knowledge of physical activity, exercise, sport and health. Discover your future in Kinesiology.

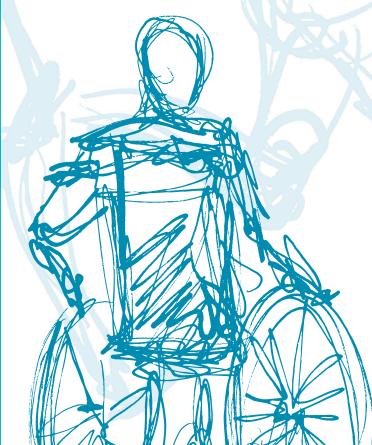
The Faculty of Kinesiology and Physical Education at the University of Toronto offers a unique learning environment where cutting-edge research takes place. Located in Canada's most vibrant and culturally diverse city, the University of Toronto is consistently ranked among the world's best research universities. Our location, size and diversity provide unique opportunities for collaboration and innovation.

The Graduate Department of Kinesiology offers guaranteed funding and supports a dynamic learning environment, led by accomplished faculty. Our researchers are internationally recognized for important contributions to knowledge about physical activity, health and their interactions.

### Areas of Research

We offer MSc and PhD programs immersed within a flourishing research culture encompassing the major disciplines of knowledge:
 life and physical sciences, social sciences and humanities.

Areas of research cover the spectrum of physical activity, including exercise, play, sport and dance.



#### **BEHAVIOURAL STUDIES**

Areas include:

- Exercise and sport psychology
- Motor behaviour/motor learning
- Physical activity and mental health

Explore the psychosocial determinants and consequences of physical activity, sport performance, injury and disability. Researchers in this field also study sedentary behavior and the implications for mental health and well-being.

#### **BIOPHYSICAL STUDIES**

Areas include:

- Exercise physiology/biochemistry
- Exercise and sport nutrition
- Exercise and sport biomechanics

Investigate the impact of physical activity and exercise on physical health, performance, injury and adaptation in healthy and clinical populations, across a spectrum of ages.

#### PHYSICAL CULTURAL STUDIES

Areas include:

- Social sciences in health and sport (community and international development)
- Cultural studies in physical activity (gender, media, violence)
- Ethics in health and physical activity

Investigate the social construction, institutional structuring, and mass mediation of sport, leisure, health, physical activity and exercise.

Researchers in this area also propose concrete policy amendments and cultural adaptations to achieve more equitable, enjoyable and ethical physical activity environments for all.

#### **COLLABORATIVE OPPORTUNITIES**

In addition to courses in Kinesiology, students may also join collaborative programs in the following areas:

- Addiction Studies
- Cardiovascular Sciences
- Health Services and Policy Research
- Musculoskeletal Sciences
- Public Health Policy
- Sexual Diversity Studies
- Women and Gender Studies
- Women's Health

...and more.

### STUDENT SUPPORT AND PROFESSIONAL DEVELOPMENT OPPORTUNITES

With just over 100 graduate students in our program, we offer an inclusive and supportive environment. As a graduate student, in addition to one-on-one mentorship from your supervisor, you will have access to a range of support services within and outside the Faculty as well as academic and professional training opportunities including:

- Front-line support from dedicated registrarial staff
- Graduate Professional Skills program
- KINections program
- Health Sciences Writing Centre
- Health and Wellness Counsellors
- Teaching Assistant opportunities
- Research Assistant opportunities
- Teaching Assistants' Training Program
   (TATP) Certificate
- On-site embedded services –
   Career Educator and Learning Strategists
- National and international research conference presentation opportunities
- Kinesiology and Physical Education Graduate Society (KPEGS)



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